



6 DAY RETREAT
AWAKEN THE MUSE: CELEBRATE
YOUR FEMININE POWER

4'TH-9'TH OF MARCH 2025


PROGRAM

DAY 1: ARRIVAL & WELCOME

4:00 PM	CHECK-IN
7:00 PM	DINNER
8:00 PM	COCOA CEREMONY

DAY 2: THE ARCHETYPE OF THE INITIATRESS WOMAN

8:30 AM	MORNING YOGA & MEDITATION
10:00 AM	BREAKFAST
11:00 AM	AWAKENING THE SACRED GUIDE: STEP INTO YOUR POWER
19:00 PM	DINNER
20:00 PM	EMBODYING SACRED BEGINNINGS CEREMONY



DAY 3: THE ARCHETYPE OF THE FASCINATING WOMAN

8:30 AM

MORNING YOGA & MEDITATION

10:00 AM

BREAKFAST

11:00 AM

AWAKEN THE MUSE: CELEBRATING YOUR
SENSUAL POWER

7:00 PM

DINNER

8:00 PM

THE SENSUAL GODDESS CEREMONY

DAY 4: THE ARCHETYPE OF THE WARRIOR WOMAN

8:30 AM

MORNING ENERGIZING YOGA

10:00 AM

FIRE & FORTITUDE: EMBRACE YOUR
INNER STRENGTH

7:00 PM

DINNER

8:00 PM

MANIFESTING POWER AND PURPOSE
CEREMONY



DAY 5: CELEBRATING THE WOMAN'S DAY 8TH OF MARCH

8:30 AM

SUNRISE YOGA: EMBRACE THE DAY WITH SELF-LOVE AND SERENITY

10:00 AM

PICNIC ON THE BEACH FOR BREAKFAST

11:00 AM

GUIDED MEDITATION: "HONORING THE DIVINE FEMININE"

12:30 PM

GUIDED EXCURSION: SACRED FEMININE CONNECTION WITH NATURE

7:00 PM

DINNER

8:00 PM

CANDLE LIGHTING CEREMONY

DAY 6: CELEBRATION AND FAREWELL

8:00 AM

MORNING MEDITATION

9:00 AM

BREAKFAST

10:00 AM

DEPARTURE

EXTRA SERVICES (ON REQUEST):

- ASTROLOGY READING
- YONI MASSAGE



**ANANDA TANTRA
YOGA SCHOOL**